



# UNIQUE AND SHARED TRAITS FACILITATOR GUIDE



## **Unique and Shared Traits**

#### Introduction

Meeting new people can be difficult and uncomfortable. By listening to others and practicing self-awareness, you can build connections and relationships in Toastmasters and in life.

#### Overview

Participants identify specific traits in themselves and in others. They become familiar with other members to develop connections and relationships that they may build upon throughout the year.

#### **Objectives**

After completing this session, participants will be able to do the following:

Recognize the value of different traits by networking with others

#### Materials

- PowerPoint
- Paper
- Pen

#### **Group Size**

Any

#### Setting

 Large room with the ability to display the PowerPoint presentation

#### Time

Approximately 30 minutes

### Process



SHOW the Unique and Shared Traits slide as participants enter the room.



2. SHOW the Session Objectives slide.



- 3. PRESENT the session objectives:
  - After completing this session, you will be able to do the following:
    - Recognize the value of different traits by networking with others

4. SHOW the Unique and Shared Traits slide.



- 5. INSTRUCT participants to arrange themselves in teams of three to five people they do not know.
- 6. PRESENT
  - Learning the strengths and abilities of team members and peers can help you achieve your goals.
  - When you fill a role based on a person's strengths and abilities, you boost morale, raise engagement and enhance the team member's skills.

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7. SHOW the Questions slide.



Facilitator Guide	
	<ul> <li>8. INSTRUCT teams to spend 15 minutes discussing and taking notes on the following questions:</li> <li>What traits do you have in common with your team members?</li> </ul>
	What are two unique traits of each team member, including you?
15 minutes	9. TIME 15 minutes.
<b>?</b>	10. SHOW the Results slide.
	Results
	What traits did your team have in common?
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	<ul><li>11. INSTRUCT a spokesperson from each team to read their list of shared traits to the entire group.</li></ul>
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## Conclusion

1. SHOW the Conclusion slide.



- 2. PRESENT
  - In this session, you identified specific traits in yourself and in others to begin building connections and relationships with team members.
  - By listening to others, you can identify strengths that may be helpful throughout the year.